



Waikite Valley School

Developing Learners for Life

1090 Waikite Valley Road, RD 1, Rotorua 3077 Tel 07 3331888
www.waikitevalley.school.nz office@waikitevalley.school.nz

Weekly Panui – Mon 13th November



Kia ora Koutou Whanau,

These are the Top Ten things for Parents to think about, from the Online Safety for Parents at www.netsafe.org.nz:

Online safety for parents is more important than ever. As young people begin to spend more time online, it's important that parents start to teach them how to stay safe. So, how do you get started? Check out our 10 things to think about below.

Calendar art orders due this **Wednesday 15th** November. Art on display in their class windows from today.

1. SET EXPECTATIONS

Talk to your child about the type of behaviours you'd like them to adopt. For example, how long they should spend online, what apps and social media sites you'd like them to use and what is appropriate content to view. This will be different depending on the age of your child, and what you feel comfortable with. Technological options like parental controls can help, but it needs to be teamed with online safety education.

Find out more about how much time kids should be spending online. Find out about how to use parental controls [at www.netsafe.org.nz](http://www.netsafe.org.nz).

2. UNDERSTAND WHAT THEY DO ONLINE

Talk to your kids about what they're using the internet for. What's involved? Who's in their network? What information do they share? Are they using the internet to learn? To communicate and create friendships with others? To create music or videos? Really listen to what they have to say – what might seem like 'just a game' to you, could in fact be a way for them to connect with people who have similar interests.

Showing an interest in the things they do helps to build your understanding of what their online world looks like and creates an environment that makes it easier to have more difficult conversations about in the future.

3. IF YOU DON'T UNDERSTAND IT, TRY IT

You need to understand the technology to better understand the challenges that young people face online. Explore the websites and apps your child uses to improve your knowledge, and take the time to read terms and conditions. You could even ask them to show you how it works, as a way to start conversation around online safety.

As a start, check out our guide to Snapchat for parents [at www.netsafe.org.nz](http://www.netsafe.org.nz).

4. SET A GOOD EXAMPLE

How often do you use your laptop or smartphone at the dinner table? How many angry posts have you published? Take a look at the way you use technology while young people are around. If you see something that troubles you – change it. How good is your knowledge about online safety, privacy settings and even online shopping?

Be better equipped to help by expanding your own knowledge – read the Staying Safe Online Guide [at www.netsafe.org.nz](http://www.netsafe.org.nz).

5. TEACH THEM THE BASICS

Once your knowledge is up to scratch, teach them the basics of online safety – here's four ideas of what to start with.

1. Strong passwords

A strong password helps protect the information in your online profiles or accounts.

Teach your child how to choose strong passwords, by reading how to choose a good password.

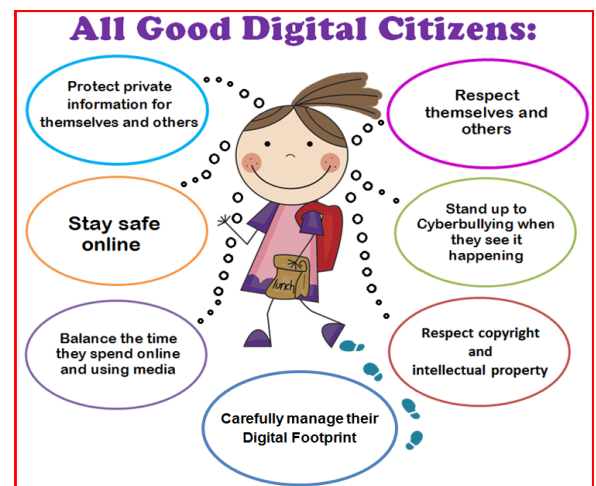
2. Information to protect online

- Login details and passwords
- Bank account details
- Home address
- Phone numbers
- Birthdate
- Personal information that could be used to guess security questions for online accounts

You should also talk about personal details they could share online, such as where they are and the school they attend. This includes sharing their location – some apps allow you to share your current location with friends, or publicly.

3. Not everything is as it seems

It can seem like common knowledge to adults, but sometimes kids don't understand that people are not always who they say they are online. Talk to them about friending or communicating with people they don't know offline. For young children especially, they shouldn't friend someone online that they don't know personally offline.



"Developing learners for life"

4. Digital footprint

Teach your child that they need to think about what they post online, and that what they post online leaves a “digital footprint” about them. Find out more about digital footprints.

6. SETTING UP SOCIAL MEDIA

How old should kids be before they get social media accounts? The minimum sign up age for Facebook, Instagram, Snapchat, Twitter and YouTube is 13. Of course, if they’re under the age minimum it’s always better that they’re honest with you about using an app or site, rather than doing it behind your back. This way, you can help them to stay safe online.

Tips for setting up social media accounts

1. Make sure you’ve taught them the online safety basics above
2. Help your child to set up the account
3. Depending on their age, use your email address to sign up
4. Enter their actual birth year so they’re less likely to see inappropriate content
5. Become their friend, or follow them

Teach them about the safety tools available

7. GIVE THEM THE TOOLS THEY NEED

Most social media organisations have a safety centre with tools for staying safe online. Take a look at the safety centres of the apps or websites your child uses, and teach them how to use the tools available.

Start with how to block people, how to report content and how to use the privacy settings.

Social media safety centres

[Facebook](#) • [Snapchat](#) • [Instagram](#) • [YouTube](#) • [Twitter](#)



8. ONLINE BULLYING

One in five young people in New Zealand have been the target of online bullying. Teach your child what to do if they’re targeted online, so they have the tools to deal with it if it happens. Ask them what advice they’d give a friend who was experiencing online bullying. This is a good way to understand how they would deal with these kinds of situations if they were to experiencing it themselves.

Make sure you also talk to them about how you expect them to behave towards others online.

- Let them know that if it’s not acceptable offline, it’s not acceptable online
- Ask your kids to think about the person on the “other side” of the screen
- Lead by example – think about how you’re behaving toward others online

Find out more about how to deal with online bullying [at www.netsafe.org.nz](http://www.netsafe.org.nz).

9. WHAT ABOUT “SEXTING”?

When it’s appropriate you should talk to your kids about the risks of sharing personal information and sexual images and what can happen to those photos or videos once created and shared.

Find out more [about sexting and how to deal with it at www.netsafe.org.nz](#).

10. WHAT IF SOMETHING DOES HAPPEN?

Let them know the options that are available to them – talking to a trusted adult, their school or Netsafe. We have a team of friendly people offering free and confidential advice for everyone in New Zealand. We can help young people with online bullying, abuse, harassment and other challenges they might face online. Let them know we can help. If they come to you for help, count to ten before you react. When young people ask for help from adults, it’s important to understand this was a big decision. If you overreact or take away the technology, then you’re less likely to be the first port of call next time something happens. Focus on fixing the issue, not on punishing or confiscating their devices. If you need help or advice, about any online issue you can contact Netsafe.

0508 NETSAFE (0508 638 723) – queries@netsafe.org.nz – netsafe.org.nz/report

The resources on this website are updated very regularly, so they are on trend with what is happening online. They are funded by the government to support schools, parents and the community with online safety. Please look over the website if you get the chance, there are brochures, videos and articles that are easy to read and very relevant.

Teresa Topp (Principal)

Waikite Valley School—*Developing Learners for Life*
principal@waikitevalley.school.nz
Ph: 027 634 4744 / 333 1888

Please return all cups, trophies, shields from this year and 2016 prize-giving so we can get them engraved and hand out at our 2017 end of year prize-giving! This will be on





Celebrating Success...

Great results for the Muller Family at Waihi A & P show on the weekend.

Congratulations to Gabriella with her newly trained calf, Okawa Ranger Elle who achieved:

HOLSTIEN FRIESIAN RING

- ★ 1st place—Heifer Calf breed Class
- ★ Reserve Junior Champion
- ★ 2nd place—pair calves

ALL BREEDS RING

- ★ 1ST place—All breeds Heifer Calf
- ★ Reserve Junior Champion

Congratulations to Daniel with the following results:

- ★ 1st place—Presentation & Handling with Charlotte
- ★ 1st place—Presentation & Handling with his yearling Holstein heifer, Brenda
- ★ 1st place—Aryshire Yearling Heifer
- ★ Junior Champion
- ★ 2nd place—Yearling Heifer, Holstein (Brenda)
- ★ 2nd place—Yearling Heifer, All Breeds with Brenda



**HAVE A GO' DAY
AT ROTORUA
YACHT CLUB**
(All ages welcome)

When: 10-2pm Saturday 18 November 2017
Where: Rotorua Yacht Club, Water Sports Trust building, Mataiwhea Street (Rotorua Lakefront)
Contact: 3323511 (Chris or Sarah)
Bring: Warm clothes, towel, togs, wet weather gear (if wet), wetsuit and lifejacket (if you already have these).



brown penny pictures

\$120

1 hour photography
30 images & 5 prints
marguerite
027 877 3117
brownpennypictures@gmail.com

Daniel Muller and his yearling Heifer after winning 1st place in the Young Handler Class (13- 17 yrs) at the Waikato A & P show.

IMPORTANT DATES



Monday 13 November

PTA meeting—9am in staffroom
 Yr. 7&8 into Rotorua Lakes Council for “The Future of our world” Youth Leaders workshop.

Tuesday 14 November

School Athletics Day— starts at 9.30am.
 If you are able to help on the day please let Mrs Topp know in the morning—we will grab extra help if we don't have enough.
 Your child's age for WVS Athletics and Reporoa Cluster Athletics is taken at 16 October 2017 (first day of term 4).



Thursday 16 November

Yr. 6,7 & 8 - Puberty Talk (Reporoa Health Nurse)
 HPV second dose— Yr. 8
 Powhiri for USA tourists—approx. 1pm

Friday 17 November

Lucky book orders due

Tuesday 21 November

Reporoa Cluster Athletics Day—information will be sent home to our qualifiers next week.

**THANKS
A BUNCH!**



- ★ Thanks to Firth Concrete for their kind donation of sand for our long jump pit.
- ★ Thank you Henry & Nic for organising the set up and improvement of the long jump pit.

Open Day

Rotorua Fire Station

Grab your friends and family and come along to meet those who protect what you value.

Saturday 25 November 10am-1pm
 Rotorua Fire Station, 19 Blak Street, Rotorua

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|--------------------------------|---|
| Kitchen Fire Demonstrator | Firewise Inflatable House |
| Station Tour | Fire Safety and Recruitment Information |
| Motor Vehicle Accident Display | |



Rotorua Lakes Council UN Youth Forum—
"The Future of our World" facilitated by
Professor Michael Nolan. Our Year 7-8
students were participants in this fantastic
workshop to have a voice regarding the
future spatial plans for the Rotorua
District.



**Our Year 6-8 students made
Worry Dolls as part of our
Friends for Life Health studies**



Friends of Waikite Valley School



Funding Your Community



MITRE 10 MEGA

ROTORUA



PGG Wrightson

